

WAIVER AND RELEASE AGREEMENT

Please read carefully before signing

This is a release of liability and waiver of certain legal rights

In consideration for my being permitted to participate in the activities of Take It Outdoors Adventures, I agree to the following Waiver and Release:

I acknowledge that water activities have inherent risks, hazards, and dangers for anyone that cannot be eliminated, particularly in a wilderness environment I UNDERSTAND THAT THESE RISKS, HAZARDS, AND DANGERS INCLUDE WITHOUT LIMITATION:

1. The services of provider may include renting equipment and providing trips by raft, tube, canoe, or kayak, related activities, and/or travel to and from the activities, or temperature extremes.
2. The hazards and risks together referred to as "risks" of the use of the watercraft include the following: Entering, exiting and operating the watercraft; dangerous water conditions; entrapment; injury from slips and falls; and drowning. Further, activities may take place in remote places, significantly delaying emergence medical care.
3. Participant, and the parent or guardian of a minor Participant, acknowledge and understand that the description of activities and risks above is not complete and that all activities, whether or not described, may be: dangerous and may include risks which are inherent and cannot be responsibly avoided without changing the nature of the activity.
4. Provider has made no effort to determine, and accepts no responsibility for, medical, physical or other qualifications or the suitability of Participant for the activities. Participant and the parent or guardian of a minor Participant, accepts full responsibility for determining Participant's suitability for participating in the activities.
5. Consumption of even small quantities of alcohol *will* and other substances may, *impair judgment* and reduce a participant's ability to effectively manage the risks of water travel, camping and land activities.

Participants should always wear a fastened personal floatation device; participants should wear footwear which will provide protection from sharp objects, and which will minimize the risk of foot entrapment.

I, for myself, my heirs, successors, executors, and subrogees, hereby KNOWINGLY AND INTENTIONALLY WAIVE AND RELEASE, INDEMNIFY AND HOLD HARMLESS TAKE IT OUTDOORS ADVENTURES, their directors, officers, agents, employees, and volunteers from and against any and all claims, actions, causes of action, liabilities, suits, expenses (including reasonable attorney's fees) which are related to, arise out of, or are in any way connected with my participation in this activity including, but not limited to, NEGLIGENCE of any kind or nature, whether foreseen or unforeseen, arising directly or indirectly out any damage, loss, injury, paralysis, or death to me or my property as a result of my engaging in these activities or the use of these services, or equipment whether such damage loss, injury, paralysis, or death results from negligence of Take It Outdoors Adventures or from some other cause. I, for my heirs, successors, my executors, subrogees, and myself further agree not to sue Take It Outdoors Adventures as a result of any injury, paralysis, or death suffered in connection and my use and participation in the activities of Take It Outdoors Adventures

I HAVE CAREFULLY READ, CLEARLY UNDERSTAND, AND VOLUNTARILY SIGN THIS WAIVER AND RELEASE AGREEMENT

Date _____ SIGNATURE _____

PRINT NAME _____

If under eighteen years (18) of age, parent, guardian, or custodian must sign:

Parent/Gaurdian/Custodian _____

PRINT NAME _____