USE THE SCHUYLKILL RIVER TRAIL SAFELY DURING COVID-19 PANDEMIC

SEPARATE TO STAY SAFE

- **Head outdoors by yourself** or **only** with your **household**
  (Look for locations within 15 minutes of your home)
- **Maintain a 6-foot physical distance** from others
  (Length of a long yoga mat or a surfboard)
- **Alert other trail users** of your presence
  (Proper etiquette and distance)

AVOID CROWDS AND COMMON AREAS

- Use the trail at **less busy times** such as early morning
- **Don’t use playgrounds, benches, tables** and other frequently touched surfaces
- **Don’t gather in groups** and avoid crowded areas
- If you can’t enjoy a space safely then go home or **try a different park or trail nearby**

KEEP CLEAN, STAY HEALTHY

- **Leave no trace**. Bring a bag to **clean up after pets** and carry out your trash
- **Wash your hands** regularly or use hand sanitizer
- **Don’t touch your face or eyes**
  (Wear a mask if in an area with other people)
- **Stay home** if you feel sick

Cycling or rollerblading? **Wear a helmet!**

Learn more at schuylkillriver.org