On-Water Gear

- Kayak or canoe - You can bring your own boat or arrange a rental from Take it Outdoors Adventures in advance of the trip.
- Paddle
- Type III life jacket (PFD) - Inflatable life jackets are not permitted.
- Face mask - To reduce the spread of infectious disease, a cloth face covering is required to be worn when not on the water.
- Small personal bottle of hand sanitizer gel
- Whistle
- Sunblock and lip balm with SPF - The guides recommend sunblock with an SPF of at least 30.
- Waterproof dry bag
- Filled water bottles - Pack two or three water bottles with a minimum total capacity of 2 liters (64 ounces) per person. Fill your bottles at home with water or sports drink. Consider adding ice from home.
- Medications you require during the day
  - (optional) Bailer and sponge
  - (optional) Seat pad
  - (optional) Small waterproof dry box - Useful for protecting cell phones and car keys.
  - (optional) Spare paddle

On-Water Wear

Consult a weather forecast when packing for your day on the water. Conditions can include 90+° temperatures, brilliant sun, downpours, and strong winds.

- Athletic apparel, outdoor clothing, and/or swimming apparel - Pack swimwear or clothes designed to wick moisture and dry quickly. Consider clothing that provides UV protection.
- Sport sandals with ankle straps, water shoes, or sneakers - Shoes are required for the trip. Avoid flip flops and shoes that can’t get wet.
- Hat with a brim
- Sunglasses and glasses strap
- Rain jacket or paddling jacket - No ponchos.
- (optional) Paddling gloves
- (optional) Rain hat

Not Permitted

- Inflatable life jackets
- Paddle leashes
- Unsecured or excessive lines, ropes, or bungees
- Portage wheels on kayak decks or inside cockpits

Updated: June 8, 2020