2023 SCHUYLKILL RIVER SOJOURN What do I bring and wear?

on water gear

kayak or canoe

paddle

Coast Guard approved Type III
Life jacket (PFD)

Sunblock and lip balm w/SPF

waterproof dry bag

water bottle-aim for 1.5 liters
capacity. Water will be available
for you at every stop

medications you need for the

on water wear

athletic wear, outdoor clothing and swimming apparel

sports sandals with ankle strap,

water shoes or sneakers

hat with a brim

sunglasses with strap

rain jacket-no ponchos please

off water

- up to 2 duffle bags per person
- camping gear
- clothes for cool evenings
- shoes and socks
- headlamp or flashlight
- toiletries and towel
- medications

not permitted

inflatable life jackets

paddle leashes

unsecured or excessive lines,

ropes or bungee cords

portage wheels on kayak decks

or inside cockpits

optional

- bailer and sponge, whistle, seat pad, waterproof dry box
- additional dry and warm clothes as well as rain gear
- insect repellent, body wipes, extra glasses
- portage wheels may be used if stored safely when not in use. Portage assistance will be available if needed.

